

YOUR JOURNEY TO ABUNDANT ENERGY BEGINS TODAY!

Our goal is to help humanity restore its energy for life, one person at a time. And we have an incredibly powerful and fulfilling approach to doing this. Start by reaching one of our practitioners around the world and get your first scan.

WHAT IS BIOENERGETICS?

Bioenergetics is the study, detection, and correction of energy in living systems. But with our holistic approach to this topic, we look at *all* the ways to gather energy and make sure it's controlled and flowing properly to optimize the health of the body.

Your lifestyle choices can have an immediate and positive impact on your life, working with bioenergetics can help take you to the next level of having the energy and sense of wellbeing to pursue your dreams.

We need energy to live our lives to the fullest, and we gather this energy through a constant exchange with our environment. This exchange takes place as long as we're alive, but we can optimize this exchange and provide ourselves with more energy for life by making healthy lifestyle decisions. Here's a general outline:



DIET

While there are many competing diets out there by experts with different points of view, almost all experts agree that we should focus on natural, minimally processed foods, including plenty of plant foods. We need to avoid sugar and artificial ingredients. And more than that, we need to consume living food – that is, food that emits biophotons, and across the color spectrum. (Meaning that we should choose a rainbow of colors in our natural foods.)



HYDRATION

We talk more about the magic of water on our page about the Infoceuticals. Research shows that water is much more than the individual H₂O molecule. It's about structured relationships that take place between the water molecules throughout our bodies. These

structures separate positive and negative charges, allowing water to act like a battery in the body. That gives water a critical role in producing energy for us.



SUNLIGHT & HEAT

Light (especially as infrared light, or heat) creates a greater charge separation in structured water, generating a stronger body battery. But light also triggers all sorts of activity in the body, from the production of vitamin D to brain signaling for daytime vs nighttime activity. It can affect mood, sleep, weight loss, and so much more. Likewise, temperature affects our blood vessels, heart rate, and blood; nerves; muscles; metabolism; and more.



GROUNDING

The body needs to maintain a slightly negative charge, which requires keeping an abundance of electrons available. We can get these from direct contact with the earth. Walking on asphalt doesn't count. Walking in shoes with rubber soles doesn't count. The idea is skin to earth contact by walking in the grass or on the beach.



MOVEMENT / EXERCISE

Research connects a lack of movement / exercise with a long list of health problems. Its importance is not only due to the biochemical exchanges that take place when we move. From a bioenergetics perspective, the compression of bones, the stretching of muscles, greater use of the lungs, increased heart rate, and so on all help to produce a stronger energy field in the body.



BREATHING

Our intake of oxygen provides us with more power than food does, yet many of us are shallow breathers, not optimizing the energy we can produce from this continuous activity. Improving posture and breathing – which can be assisted with meditation practices as well – can help you capture more energy for life.

In all of these, though, we need to strike the appropriate balance, and this brings us to the topic of hormetetics. This is the idea that we need to apply appropriate levels of stress to the body, countered by appropriate levels of nurture. Healthy stress is about taking the body outside its comfort level in order to increase its strength and flexibility to different circumstances. This might take the form of exercise; walking in cold weather or taking a cool or cold shower; eating perhaps a little more one day and fasting another; eating a variety of foods rather than a consistent diet every day; even getting less sleep from time to time. These can be balanced by nurturing experiences like getting adequate sleep, getting a massage, spending time in meditation, etc.



Remember that this is about balance. Excessive nurture makes the body weak and unadaptable. Excessive stress breaks the body down. Too much food makes us overweight and unhealthy; too little starves us of important nutrients. Too much water can stress the kidneys, or even drown us; too little means limiting the internal battery we have available and affecting arguably all activities in the body. Too much oxygen (for instance, if using hyperbaric therapy) can make the body dependent on this type of environment, or can even lead to toxicity. Too little can starve the brain, muscle, and all the body's tissues and quickly cause emergency situations.

The goal with hormetetics is a little stress, a little nurture, on a regular basis. Give your body a variety of situations so that it's able to adapt and stay healthy no matter what life brings your way.

YOUR BODY'S CONTROL SYSTEM

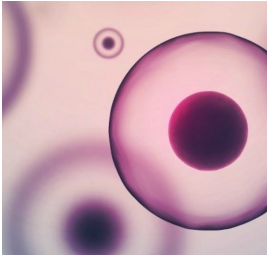
RESTORE YOUR BODY-FIELD, RESTORE YOUR LIFE

It's not enough to merely charge your body by exchange with the environment. That energy also needs to be directed in its operations so it's being used correctly and efficiently.

Conventional views only look at the chemistry of the body to see how energy moves. But chemistry cannot explain *why* it moves as it does. Nor can chemistry explain the speed of life – the ability for the body to coordinate extremely complex actions as a single unit, rather than relying on chemical messages to trigger the nervous system, which sends electricity along a discontinuous wire, which reaches the brain for a

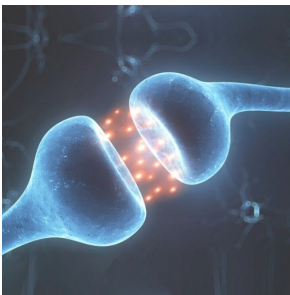
chemical response, which then sends out electricity along a discontinuous wire again, which then moves the body.

You cannot explain the split second assessment and adjustment of every part of the body as a baseball player swings to hit a home run. Or the miraculous synchronicity needed for landing a triple axel in figure skating. Nobel prize winning biochemist Albert Szent-Gyorgyi told us, "Life is too rapid and subtle to be explained by slow moving chemical reactions and nerve impulses."



This isn't to say that chemistry doesn't play a role in communication, but that it is far too slow to conduct all the activity of the body, which requires an instantaneous communication system. And this is where we have to talk about "fields." In quantum physics, "space" is not empty. It is a "field" that is teeming with waves of information. As these waves interact, they form patterns from which energy (particles) appears.

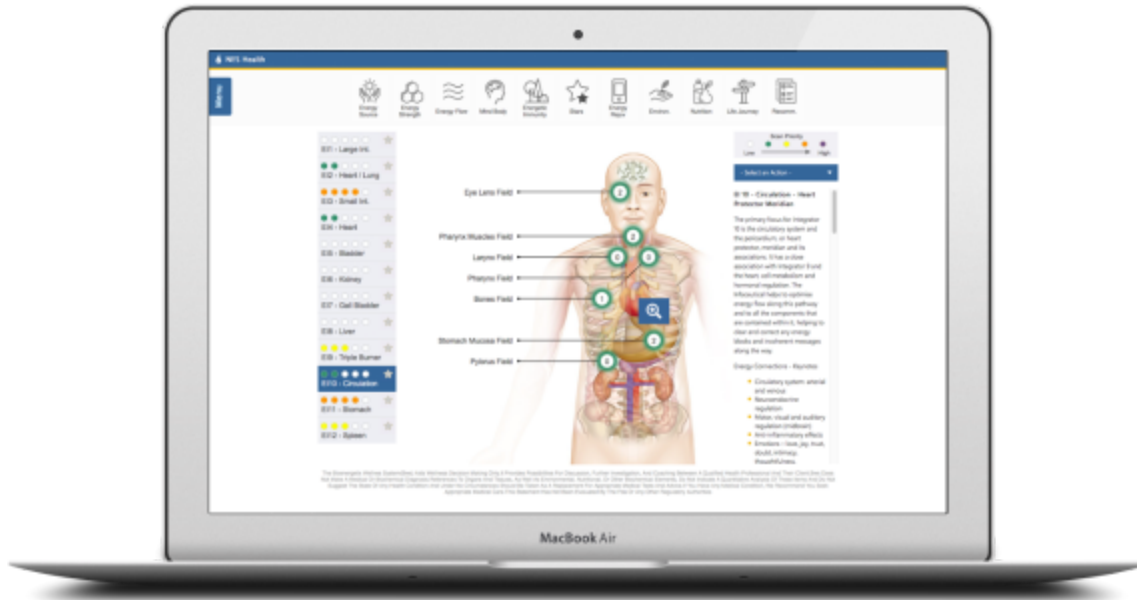
So when Albert Einstein told us, "The field is the sole governing agency of the particle," this is what he meant. When we look for what controls energy, the answer is fields of information. This is true everywhere, even in human bodies. And this is what we refer to as the Human Body-Field.



In addition, the emerging science of quantum biology is showing us more about how the quantum world works with our bodies. For instance, in a traditional view, smell is based on the molecular shape of something. But new research is showing that people can distinguish smells between things with the same shape, and that smell may depend on their vibrations, or the fields they generate.

Why modern medicine ignores or even denies this aspect of biology, they busily use MRIs, where magnetic fields control the protons of hydrogen atoms in the body, which in turn produce a signal that the MRI can read. (Sounds like "fields" can control the body, and that the body responds with a communication signal.) They also measure brain waves, or electric fields produced by the brain.

There is also extensive research on the ability of quantum elements like magnetic fields, light, and sound waves to affect the body, right down to the DNA.



This Health was founded on the idea of assessing the state of the Human Body-Field, focusing on why someone is struggling with their energy levels or overall health, rather than diagnosing people based on symptoms. After all, people with the same symptoms or medical diagnosis could be facing that situation for different underlying causes. And in our view, the body has a remarkable ability to heal itself, if only it has the energy to do so and it is moving that energy correctly.

While this assessment has expanded its tests and features through the years, it is still used by our Health practitioners to determine how best to support their clients through lifestyle coaching, bioelectric work with the miHealth, and proprietary remedies called Infoceuticals. How these Infoceuticals work is explained in the next section (and in greater detail on our Infoceuticals page), but among them are remedies designed to support the body's Drivers and Integrators, or its energy and information processes.

We should point out that our thoughts also impact the body-field, and this is the reason why our thoughts can affect our health. One of the original pioneers of quantum physics, Max Planck once said, "I regard consciousness as fundamental. I regard matter as derivative from consciousness." In technical terms, we would say that consciousness collapses wave functions into energy and matter. In everyday terms, we would simply say that consciousness shapes your life.

THE BIOENERGETIC WELLNESS SYSTEM (BWS)



Based on all this, we combined our research with these advanced physics theories to develop the fastest, most holistic look at the Human Body-Field available. Our system uses modern electronics to generate a field that interacts with the body-field, allowing the kind of two-way field communication we've described. Our scan represents each test item in a proprietary way, and we scan each item many times to check and recheck for matches in order to provide the most accurate result possible.

SUPPORTING THE ROOT CAUSE OF GOOD HEALTH

Restore the body-field and you're restoring the underlying control system of everything. Of your organs and systems right down to your cells and DNA. This control system runs on resonant communication, which can get distorted by toxins, pathogens, and even emotional stress and traumas. These need to be resolved and communication restored, and this is done by bringing the correct resonance (or what we call "information") back into the body-field.

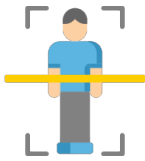
How is that possible? Through **the miracle of Infoceticals**:

Following decades of research, we discovered a solution that is incredibly simple for you to use and benefit from!

Because of the way water structures itself in the body (becoming something like a gel), it can literally take shape under the influence of information or resonance, becoming the carrier of information for the rest of your body!

YOUR JOURNEY TO ABUNDANT ENERGY BEGINS TODAY. GET YOUR FIRST SCAN AND EXPERIENCE HOW TO TRANSFORM ILLNESS, PAIN, STRESS, ETC. INTO INNER REGENERATION, REJUVENATION, HEALING AND WELLBEING.

THE ENERGY 4 LIFE SYSTEM IS:



Bioenergetic Assessment To Check Your Body's State



Consultation & Support By Our Specialist



Personalized Infoceutical Protocol



Online and In Person Educational Material

- **HOW THE SCAN WORKS**

Humans aren't just chemicals that randomly know how to join forces and produce functioning bodies. They require a blueprint to pull off this miracle.

When it comes to people, we simply call this blueprint the Human Body-Field. It guides the flow of energy in the body and acts as an instantaneous communication system for the body to work as a single, harmonic unit.

As long as the body-field is in good shape, the body should be energized and functioning as well as possible. But if the field becomes distorted or blocked – as it can be by heavy metals and other toxins; pathogens (like viruses, molds, and bacteria); or emotional stress and traumas – the body itself can start to break down.

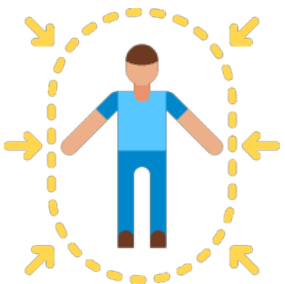
THIS IS WHY TRUE, HOLISTIC LIVING HAS 3 PARTS TO IT:



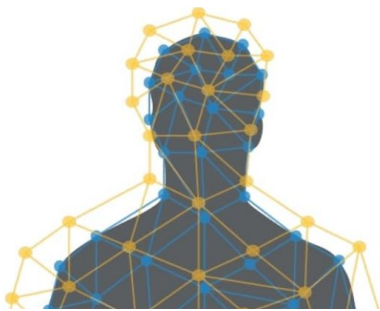
Good nutrients for information and energy to work with



Recharging the body through healthy habits



Optimizing the body-field to make best use of the energy and nutrients provided



“MAP” THE HUMAN BODY-FIELD.

We are based on decades of research using customized electronic equipment to “map” the Human Body-Field. Through a process called “matching,” we came to understand how the body powers itself and communicates through fields.

“Matching” occurs when the information sent between two structures is in harmony, or in resonance. Now if it’s two of the same structure – whether two electrons, hydrogen atoms, or liver cells – there should always be resonance, as long as the communication isn’t blocked.

While parts of our body seem very different, our research shows that many different parts communicate through matching and sending out resonant information. It was this discovery that allowed us to confirm much of what traditional Chinese medicine had taught about meridians for thousands of years.

More than that, it also lets us explore how the body communicates with its environment, with nutrients, and even with our emotions, as every emotion sets up its own wave pattern in space!

- **INTRODUCING THE MIHEALTH DEVICE**

93% OF USERS AGREE:

MIHEALTH = REAL HEALTH BENEFITS... REALLY FAST!



When it comes to supporting your health, results are the bottom line. Fast results are even better. That's why you'll love to know about the miHealth, where 88% of participants in a large Outcome Study saw improvement after just one session.



For the best results, your practitioner will tailor a program that fits your needs. The miHealth device can be purchased from your practitioner specially while treating chronic conditions. Also is recommended to be used during the wellness individual session with one of our practitioners.

- **INFOCEUTICALS**

THE BREAKTHROUGH SOLUTION TO RESTORING HEALTH & WELLNESS



In fact, DNA itself is surrounded by water and changes based on the structure of water. Same with proteins in the cell, which then physically drive the actions of the body. Water is that powerful. That profound.

If resonance of the body-field is disrupted, then the structured water in the body is altered and everything starts to go haywire. So to improve health and vitality, you need to restore correct resonance within that field.

And here's the light bulb moment: since structured water is able to carry information or resonance like this, we can use structured water to carry corrective resonance into the

body-field. When we provide a strong, stable “signal” to the body — stronger than the distorted signal it shouldn’t be listening to — then we can get the body to start taking corrective, healing measures.

So that’s exactly what we do. With our proprietary Infoceuticals, we’re able to imprint structured water using a high-powered electric charge and modulated photons. These introduce a precise resonant pattern affecting targeted aspects of the human body-field. And with just a few drops a day taken in a glass of water, you can begin to restore correct messaging throughout the body and support the body’s incredible ability to heal.

For more info.... All this bellow

WATER: THE SCIENCE OF MIRACLES

WHAT DO YOU NEED TO SURVIVE: AIR? FOOD? FACEBOOK?

If you included water in your answer, you’re right. Water is crucial to life. In fact, your body is more water than anything else!

Did you know that your blood, bones and muscles are composed largely of water? A staggering 99 percent of the molecules in the human body are water molecules. That’s because the proteins and fats in our bodies are made up of water molecules. In fact, every cell in your body is filled with water. You can truly say we are born as water babies.

WONDERFUL WATER:

It’s not what’s in your kitchen sink. Your body is made of trillions of cells. They contain dozens of smaller, functioning structures that coordinate thousands of processes in your body. **Every cell in your body is the center of a whirlwind of activity coordinating thousands of processes in your body.**

The cells do everything necessary to keep you alive, from breaking down food to extract energy, to secreting hormones, removing wastes, and monitoring your salt and water levels.

Inside your cells are proteins and other structures, with spaces that are filled with water.

This means there are lots of surfaces that interact with water and impact its structure. In fact, water is part of the very structure of your cells.

You probably learned in science class that water is H₂O; however, the water in your cells is not ordinary tap water that runs into your kitchen sink. It has a unique crystalline structure. Instead of being H₂O it is H₃O₂. The 'structure of water' means the way water's molecules are organized. Scientists have discovered some amazing things about water.

First, water molecules can join together into groups called clusters. Most surfaces and molecules in your body are H₃O₂ and have a gel-like consistency. This type of water is found next to water-loving surfaces such as proteins and cell membranes, and has a special order of layers with different electrical charges from ordinary tap water.

This structured water works as memory cells in which water actually records information it is exposed to – just as a laser encodes information onto a Blu Ray disc.

WATER: ONE OF THE PRIMARY WAYS WE GET INFORMATION

In the last section, we discovered how everything comes down to energy and information. We are completely connected to the environment around us, where we obtain information we need to survive and thrive. Water is one of the primary ways our bodies get this information.

In a series of fascinating experiments in the 1990s, Dr. Masaru Emoto gained worldwide acclaim with his groundbreaking discovery that water is deeply connected to the consciousness of its surroundings. Dr. Emoto performed a series of experiments observing the physical effect of information on the crystalline structure of water.

He exposed water to different environments. Then, using a very powerful microscope with high-speed photography, he captured the 'expressions' of water to show how they were imprinted by focused intention.

The frozen water samples showed that positive information such as classical music, focused prayer or uplifting words and phrases caused beautiful geometric crystals to form. Whereas negative information such as samples from polluted rivers, focused rage or words such as 'hate' and 'fear' that created distorted and randomly formed crystalline structures.

Dr. Emoto's book *The Hidden Messages in Water* was published in Japan in 2005. With 500,000 copies sold internationally, it shows the keen interest in the amazing properties of water.

[Secret Messages in Water. Dr. Masaru Emoto's Mysterious Experiment](#)

Professor Gerald H. Pollack is an academic researcher at the University of Washington. His latest book, "The Fourth Phase of Water", provides a new understanding of water that holds the key to solving numerous puzzles in biology.

A LITTLE SCIENCE... ON YOUR "WATER-BASED BATTERY"

We can think of the biological building block of life, the cell, as a battery that must obtain energy to charge it. Water is part of the structure of each cell, and just like a battery, it needs to be charged. We are always surrounded by infrared radiation from the sun, which we store as heat. We humans rely on sunlight as the energy source that "charges" the "water batteries" in our tissues.

Water that interacts with light and heat becomes "charge separated". This means that the water molecule changes structure as the positively charged hydrogen atoms are repelled, leaving a negatively charged hydrogen and oxygen group.

This separation of charge allows us to draw electrical energy from our "water-based battery."

"It's like agitating a car key in the river, going miles downstream, extracting a few drops of water, and then starting one's car with the water" Dr. Jacques Benveniste

YOUR JOURNEY TO ABUNDANT ENERGY BEGINS TODAY WITH MY SACRED AURA

BIOENERGETICS:

The study, detection, and correction of energy in living systems. This is how you deal with root causes, supporting the body's most fundamental control system.

Experience It for Yourself